

To: HOD Leadership Team and Delegates
From: Helene Kent, MPH, RDN, Chair of the Academy's Committee for Public Health and
Community Nutrition (CPHCN)
Date: January 7, 2016
Re: Food & Nutrition Security Task Force's Work Plan Update

Food security is a topic that is important to dietitian nutritionists in all areas of practice. The CPHCN is responsible for implementing the House of Delegates (HOD) Food & Nutrition Security Task Force's Work Plan. DPGs, MIGs, affiliates and others Academy units all have important roles in implementing the **Food & Nutrition Security Task Force's Work Plan**. We are using our joint experiences, tools and resources to inform and encourage members to address food and nutrition security issues within their communities and places of work.

CPHCN wants to keep you updated about this important work that originated in the HOD. An implementation team (see below) has met twice. We are pleased to have on the team representatives from several DPGs and affiliates as well as members of the Academy's education, research, and policy and advocacy teams. The Academy's Foundation and Feeding America are also active in this work.

Activities to date include:

- Approved a work plan (attached) to implement to carry out the Food & Nutrition Security Task Force's Work Plan.
- Developing talking points for use in communicating about this project.
- Forming subgroups (communications, research, evaluation, website/materials and speakers bureau to help with the work.
- Working closely with the Foundation and Feeding America, both willing to assist with providing resources to the group.
- Designing activities in conjunction with the Academy's Research staff and Dietetic Practice-Based Research Network (DPBRN).
- Discussing the development of a resource for educators and students with Nutrition and Dietetic Educators and Preceptors (NDEP)

We will provide more information for you to share with your affiliates or DPGs in the next few months and keep you updated about our progress. We look forward to having you and your affiliates/DPGs involved in this work. Please contact me at Helene@hmkent.com if you have any questions or thoughts about this project.

Food and Nutrition Security Plan Implementation Team (12/01/15)		
Name	Represents	State
Abrams, Jenica	Academy Staff Research	
Allen, Amy	Volunteer	Washington
Andersen, Denise	Women's Health (WH) DPG	Minnesota
Bertrand, Brenda	Nutrition and Dietetic Educators and Preceptors (NDEP)	North Carolina
Bradley, Bonnie	Volunteer	Arkansas
Brown, Katie	Foundation	
Caspero, Alex	Nutrition Entrepreneurs (NE) DPG	California
Coffey, Jessie	School Nutrition Services (SNS) DPG	Nebraska
Folliard, Jennifer	Academy Staff PIA	
Guerrero, Michele	Volunteer	Oregon
Hrepich, Niaomi	Volunteer	California
Kent, Helene	CPHCN	Colorado
Klavens-Giunta, Judy	Public Health Community Nutrition Practice Group (PHCNPG) DPG	New Jersey
Paige, Lisa	Medical Nutrition Practice Group (MNPG) DPG	Colorado
Polly, Dianne	CPHCN	Tennessee
Richard, Monique	Dietitians in Integrative and Functional Medicine (DIFM) DPG	AODA
Rivera, Christine	Volunteer and Feeding America	Illinois
Simon, Judy	Healthy Aging (HA) DPG	Maryland
Trist, Sarah	Hunger and Environmental Nutrition (HEN) DPG	Pennsylvania
Vogelzang, Jody	Food and Culinary Professionals (FCP) DPG	Michigan
Wolfram, Cynthia	Dietetics in Health Care Communities (DHCC) DPG	Texas

Food and Nutrition Security Action Plan Implementation 10/15

HOD Food & Nutrition Security Task Force Action Implementation
Oversight – Committee for Public Health and Community Nutrition
Overall Lead - Helene Kent Task leaders will be assigned when committee is underway.
Implementation Partners – Affiliates, DPGs, MIGs, Dietetic Educators, Foundation and Research
Goal - By May 31, 2016, the Academy’s Food Security Plan will be implemented.

HOD Food & Nutrition Security Task Force Action Implementation
Action
1. By August 31, 2015 an implementation team is appointed from organizational units
2. By October 31, 2015 team agrees upon implementation plan
3. By December 31, 2015 contact organizational units to describing project and ask them to: <ul style="list-style-type: none"> • Link this project to any of their current food security initiatives • Inform their members about this project • Consider offering trainings related to food security and reference in other trainings when appropriate • Share relevant materials for posting on Academy website • Inform this committee of their progress • Continue to support activities within organization units
4. By March 31, 2016 develop an Academy-based webpage that list resources and activities <ul style="list-style-type: none"> • Collect resources identified in HOD Action Plan collect and post materials on Academy website • Determine what materials are still needed, prioritize development and work with appropriate units to develop if feasible
5. By May 31, 2016, inform organizational units and members of implementation activities, including website availability
6. By May 31, 2016 follow-up with organizational units regarding what actions they have implemented and record
7. By May 31, 2017 monitor plan’s effectiveness and determine future needs

HOD Food and Nutrition Security Task Force Action Plan Goal, Strategies and Tactics Summary
Goal #1: Members Engage and Mobilize to Take Action in their Communities to Address Food and Nutrition Security.
Strategy #1: Members are confident in responding to 'action alerts' by utilizing current resources that are specific to food and nutrition security.
Strategy #2: Members utilize Academy, other organizations and groups' resources to understand and assist with addressing food and nutrition insecurity in their communities.
Strategy #3: Members utilize a screening tool for use in practice to assess patient or client food security needs.
Strategy #4: Students understand food and nutrition security and the role of the RDN or DTR in efforts to address the problem.
Goal #2: DPGs, MIGs and Affiliates Provide Support and Professional Development Opportunities for Members.
Strategy #1: Affiliates, DPGs and MIGs incorporate the topic of food and nutrition security into one to two educational opportunities per year including hands on experiences.
Strategy #2: Affiliates, DPGs and MIGs promote member utilization of 'Best Practices' for addressing food and nutrition insecurity.
Goal #3: Promote Local and State Partnerships and Collaborations for Addressing the Issue at the Community Level.
Strategy #1: Affiliates/districts are encouraged to conduct a community assessment or access the data in the state or local community to determine what is already available to assist RDNs and DTRs in determining where they can make the most impact.
Strategy #2: Members are encouraged to participate in research on food insecurity and hunger in their community.

Implementation Plan Expected Outcomes

Members will:

- Know how to respond to action alerts on food and nutrition security and have the skills to speak to legislators, community leaders and other healthcare professionals, etc. Goal 2 Strategy 1 Tactic 2
- Participate annually in education opportunities from affiliates, DPGs and MIGS to remain current about food and nutrition security. Goal 2 Strategy 1 Tactic 2
- Are aware of and use Academy and other organizations' resources in this area, especially best practices. Goal 1 Strategy 2 and Goal 2 Strategy 2 Tactic 1
- Participate in affiliate activities to address food and nutrition security within home community. Goal 2 Strategy 1 Tactic 2
- Participate at local food bank or other service agency events that address food and nutrition insecurity (food bank tour; conduct an educational activity; fundraiser for a food bank, or other). Goal 2 Strategy 1 Tactic 2
- Use tools, as needed, to screen for food security within their practice setting. Goal 1 Strategy 3
- Participate in community assessments and hunger research within communities. Goal 3 Strategies 2 and 3.

Affiliates, DPGs, MIGS will:

- Encourage members to know more about food and nutrition security and to become involved. Goal 1 Strategy 1 Tactic 1
- Offer trainings that address food and nutrition security and include this as an element of other topics. Goal 2 Strategy 1
- Identify, develop and promote tools for use by members. Goal 1 Strategy 2 Tactic 1
- Affiliates and districts engage in community assessment to identify where RDNs can best be involved. Goal 1 Strategy 3 Tactic 2 and Goal 3 Strategy 1
- Affiliates/districts contact and develop relationships with state/local anti-hunger coalitions, organizations or food policy councils to identify how members can be involved and make this information available. Goal 3 Strategy 1 Tactic 1
- Note – HEN has already agreed to the certain development of tools and resources.

Educators will:

- Teach students about food insecurity and the role of members in efforts. Goal 1 Strategy 4 Tactic 1
- Have training opportunities and access to resources they need to teach students in this area. Goal 1 Strategy 4 Tactic 2
- Share existing lectures and activities related to food and nutrition security with other educators/preceptors. Goal 1 Strategy 2 Tactic 3

Researchers will:

- Discuss potential opportunities to create a research network related to hunger.

The Academy for Nutrition and Dietetics will:

- Provide oversight for Food and Nutrition Security Work Plan implementation
- Host a webpage that lists how members can be involved in this topic.
- Continue to promote and highlight topic via trainings and communications mechanisms.

- Support special projects in this area e.g. research network or the Foundation's Future of Food Partnership.

Member are asked to

- Become more knowledgeable about food and nutrition security.
- Take action in your community.

DPGs, MIGs, Affiliates, Educators and Researchers are asked to:

- Make training available.
- Make tools/resources available.
- Organize events and activities associated with food security promotion such as: needs assessments, research projects, volunteering to make a difference and other.

The following resources and tools will be available:

- Identify, develop and make available on Academy and/or affiliate, DPG, MIG webpages the following types of resources: Goal 1 Strategy 2 Tactic 1
 - List of easy-to accomplish ways to address food and nutrition insecurity in communities.
 - Tips for members on how to partner with local food banks or other community assistance programs.
 - FAQ on food insecurity.
 - Resources for conducting nutrition education to address reducing food and nutrition insecurity.
 - Best practices
 - Food screening tools Goal 1 Strategy 3 Tactic 1
- Affiliates and districts create a list of currently available nutrition education resources available in local communities. (i.e., EFNEP, Extension Services, SNAP-Ed programs). Goal 1 Strategy 2 Tactic 2
- Advocacy guidance and resources on how to speak with legislators, community leaders and other healthcare professionals, and others about this subject. Goal 1 Strategy 1 Tactic 2
- Assistance in conducting needs assessment.
- Research projects on hunger.