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Ashlea Braun is a Registered Dietitian Nutritionist pursuing a PhD at The Ohio State University. Ashlea has Bachelor of Science and Master of Science degrees in Allied Health from The Ohio State University. Ashlea worked as a clinical dietitian in a variety of settings, including inpatient and outpatient roles, intensive care, medical/surgical, and long-term care settings. Ashlea has expertise in motivational interviewing for cancer survivors, while enhancing her understanding of the mechanisms underlying behavior change and health outcomes resulting from improvements in dietary patterns. She has published her work in motivational interviewing and presented at the national, state, and local levels. Ashlea has been recognized for her contributions to science and the field of dietetics, being named a 2017 Recognized Young Dietitian of the Year, as well as being awarded the 2018 Anita Owen Award of Recognition for Innovative Nutrition Education from the Academy of Nutrition and Dietetics Foundation. Ashlea speaks on Behavior Change and Lifestyle Modification, Nutrition for Cancer Survivorship, and Nutrition Recommendations for Cancer Prevention with fun titles such as “Shopping Tips for Healthy Living” and “Food: Fast, Flavor, Facts”. Ashlea is comfortable presenting to professional and lay audiences.